

The Parish of The Asterby Group

Newsletter

March ^{and} April
2024



All information contained within this newsletter is assumed correct at time of publication.

Lay Chair Mutterings ...

We Brits always talk about the weather when we bump into folk ... so let's start with the weather.

Climate change has been throwing all sorts at us for months with the extremes being wetter, windier and warmer.

Allegedly, we are due to emerge from deep winter into fabulous bulb displays and promise of Spring. As our winter weather throws anything but winter at us, just a couple of cold snaps, we look forward into 2024 all too aware that times are changing in every part of our life experience.

The global economy twitches nervously; migration is at a higher level than ever; the results of anger and violence fill our screens; the 'have, have-not' divide is wider than ever; international upheaval and geo-political posturing is snowballing and in the Anglican Church the challenges of contraction are not only tricky but promise to be painful for many communities not least our rural communities in Lincolnshire. Optimism is hard to find.

We are all as it were, under the weather.

BBC Look North is brilliant at lacing the bad news and challenges with at least one item of Good News whenever it is on air. With the Christmas reminder of good news, God made flesh in the birth of Jesus, already a distant memory, is there any more Good News to come? The answer is always YES.

Easter is just round the corner, when a tragic and horrible ending to Christ's life remembered on Good Friday, perhaps not so 'good?', leads to resurrection triumph celebrated on Easter Day. The God man, Jesus said, 'Father, forgive them ...' and at a moment in history, he did just that for mankind ... you and me. His return to life on Easter Day sealed the deal.

On that note, I hope you all have 'hope' or find that hope and peace that passes all comprehension as we continue to weather the storms of life showing care and love wherever we are.

How is your personal weather forecast?

George

a warm thank you

... it was a special final service in Donington on Bain on New Years Eve, as Priest in Charge. Thank you to everyone who came and to those who sent lovely cards with kind words and wishes. As I seek to explore my continuing vocation over the Spring and Summer we have decided to use the generous gift to purchase a garden seat. A place of special reflection. Retirement is not the end of ministry just an adjustment for a new beginning. My thanks and love to you all for an amazing four years of ministry in the Asterby Group.

Revd Cilla Smith

Can you help?

The Asterby Group of Churches PCC needs a volunteer to be SECRETARY.

Nothing beats a volunteer ?

It involves; taking and producing minutes sending out agendas, receiving and circulating e-mails. There are 6 meetings a year at Donington-on-Bain Village Hall Meetings last no more than 2 hours What an opportunity to support your local church communities. A nice little addition to your CV.

A small honorarium will be paid to cover costs.

For further information or applying **Call George Ward on 01507 313419**

Deadline for next Newsletter - All articles and adverts for inclusion in the May to June 2024 edition to be with Sue, on **07826 772452** or email: **moomoski@btinternet.com** **by 15th April at the latest.** Please let me have your items written out, or, preferably emailed, as you would like them to appear, and as early as possible, please don't wait until the deadline. **To place an advert please contact Sue on the above number.** All items on behalf of the church have no charge. Any other events or adverts will have a minimal charge. This helps to maintain and develop your newsletter. Contact **Sue** by email here at **moomoski@btinternet.com**

Stamps, foreign coins and banknotes, and postcards, used or new, are still being collected by Sue. All these items can be placed in the 'stamp collection boxes' in most of the churches or directly to me at Bramley House, Benniworth. **07826 772452.** **Used printer cartridges** can be left in the Benniworth Bus Shelter.



ASTERBY GROUP OF PARISHES
GOOD FRIDAY SERVICE

at Red Hill
on Friday 29th March 2024

Meet at the bottom of the hill at 9.30a.m.

Setting off at 10.00 a.m.

With Banovallum Brass

The Service will be led by The Rev Mark Holden
and the preacher will be The Rev Canon Chris Lilley.

Red Hill, Asterby Lane, NE Goulceby

LN11 9UE (nearest postcode)

OS map ref: TF 264806

The Red Hill walk of witness takes place again this year on Friday 29th March, at Red Hill, near to Goulceby, the nearest postcode is LN11 9UE.



This event has been a regular introduction to Easter worship and is ecumenical and represented by many different people from all walks of life. We love to see the crowd gathered, listening to the sounds of music played by members of Banovallum Brass, singing familiar and not so familiar hymns and listening to the Easter story read and told to us all by both Clergy and Lay people. Come and join in with this, walk the road behind the crosses. We look forward to seeing you this year and we pray for good weather.

Who's Who in the Group

Priest in charge : Vacancy - Contact Partnership Office

Lay Minister

Ann South, 01507 313792

Partnership Office

Debbie Knight, South Wolds Group Administrator, 01507 525600

Caroline Taylor, Safeguarding coordinator, 01507 343352

Group Parish PCC

Lay Chair : George Ward, 01507 313419

Secretary : Vacant .

Treasurer : Sally Cosgrove, 01507 343788

VCC Church Wardens, Treasurers and Secretaries

Asterby : Sally Cosgrove, 01507 343788

Benniworth : No VCC

Biscathorpe (closed) Church DAC at the Diocese of Lincoln

Burgh-on-Bain Judith Varley, 01507 313342 Beverlee Bird, 01507 313667

George Ward 01507 313419

Donington-on-Bain Graham & Lynne Parkinson, 01507 343500

Rosemary Parkinson, 01507 343242

Gayton John Needham, 01507 313265 Ann Needham, 01507 313628

Goulceby Caroline Taylor, 01507 343352 Sylvia Taylor-Reed, 01507 343342

Ranby Jonathan Booth (acting), 01507 343278

Russ Hibbins (acting) 01507 343581 - Di Eddington, 01507 343336

Scamblesby Derek Elmhirst, 01507 343631 Peter Myers, 01507 343680

Stenigot Linda Gravells, 01507 343225

For Sale / Wanted

Mini portable exercise pedals.

Can be used for leg exercise in bed or sitting in a chair

Can also be used for arm exercises on a table

£10 - Tel : 07826 772452 - Benniworth.



Assorted Pilates/Exercise Equipment To include:

1 large exercise ball; 2 soft Pilates balls; athletes roller massage stick; long roller; massage balls; massage hedgehog; balance board; misc bands.

£30 - Tel 07778 149185 - Benniworth

Small gun cabinet by Dynamica Ltd

£15 - Tel 07778 149185 - Benniworth

Panasonic home phone. Model KX-TG8421E

Set of 3 mobile handsets with answer phone base and 2 extension phones

Only base needs phone socket the 2 extensions plug in.

£20 - Tel 07826 772452 - Benniworth

FeetUp Yoga Stool

for risk free head and shoulder stands and inversions, bought for use whilst I had a shoulder injury, hardly used. £149.00 when new

£50 - Tel : 07713 175453 - Karl - Donington on Bain.



Bedroom chair

Pale blue velour upholstered chair. Back height 89cm, seat height 38cm, widest chair seat 52cm, depth seat 43cm

Would make an ideal dressing table chair -

£20 ono - Tel: 07799 624117 - Benniworth



To advertise **FOR SALE** items please submit details to **Sue**
Tel **07826 772452** or email **moomoski@btinternet.com** **£2 per item listed to advertise**

Update on All Saints Church Goulceby

Our community carol service on 12th December was very well attended; the church with all its decorations looked beautiful in candlelight. With some hearty singing we enjoyed a traditional service of readings and carols. The generous donations for the collection were divided between the church Restoration Fund and a UK homeless charity. The Crowd funding campaign for the church restoration reached its target in December. The crowd funding campaign was hosted by Spacehive, and was generously supported by three local council grants as well as individual donors both local and further afield.

The restoration work will include removal of loose plaster, complete rewiring and replacement of lighting and heating, and re-plastering after a period of drying out. Work is planned to start shortly and to be completed by late summer. The Friends of Goulceby Church are looking forward to running further events in 2024, with the aim of making our church a welcoming and comfortable centre for a variety of services and community activities.

St Helen's Church and Community Centre, Burgh on Bain

will hold their Annual VCC Meeting

on Tuesday, 5th March 2024

at 7.00pm

At St Helen's Church and Community Centre

This is an open meeting and all are welcome - Refreshments served after the meeting

Annual Parochial Church Council Meeting

An Open Meeting for the Asterby Group Church Council

to be Held on Tuesday 23rd April 2024

at 7.00pm at Donington on Bain Village Hall

This is a public meeting and all are welcome - Refreshments Afterwards



Newsletter - February 2024

doningtononbainpc@gmail.com

SPEEDING

Speeding is an issue that the Parish Council takes very seriously.

At the meeting on 6 February the parish council made the payment for the speed gun and we expect the speed gun programme to commence in the near future. FURTHER VOLUNTEERS ARE NEEDED. If you are willing to join the speed gun team please contact Dave Bellamy (01507 343862).

MUGA/PLAYGROUND

In the last newsletter the Parish council advised that a grant of £9,999 had been awarded from the National lottery for the MUGA refurbishment. A second grant towards the remainder of the refurbishment costs has been awarded from UK Grass Routes funding. In total a grant of £17084 had been awarded from UK Grass Routes funding via East Lindsey District Council to cover 50% of the costs of two projects namely the refurbishment of the MUGA and resurfacing of the playground.

As previously advised, these projects will not affect the precept.

The refurbishment of the Multi Use Games area will commence with replacement of the boarding around the area by Councillor Barry Gill-Stafford and Councillor Richard Wright. We are very grateful Barry and Richard for their efforts. It is expected that this will be completed by the end of March. This will be followed by refurbishment of the surface area in early April. This includes moss treatment, pressure washing, binding and colour. The playground flooring will be replaced w/c 26 February. The current flooring has gaps and is becoming unsafe. The MUGA and Playground are much appreciated village assets and we look forward to seeing these important village assets refurbished.

Flooding

The Parish Council is taking steps to address the issue. During the recent floods we are aware that the Dyke was flowing freely and the blockage which caused the flooding was further along. The Parish Council is due to meet with a representative from East Lindsey District Council to investigate the cause of the blockage.

DATES OF PARISH COUNCIL MEETINGS

Tuesday 5 March at 7.30 pm , Tuesday 2 April at 7.30 pm , Tuesday 7 May at 7.30 pm

Donington on Bain Village Hall News Roundup



Donington on Bain Village Hall is enjoying a resurgence in popularity this year. There are now regular Pilates classes on a Tuesday morning and a Wednesday evening, Tai Chi on a Monday afternoon and Yoga on a Thursday evening. We also have coffee and chat on the first Thursday of the month plus other occasional bookings at weekends.

The hall is large, and even big enough for a bouncy castle!, with the option of smaller meeting areas.

There is a well equipped kitchen with a brand new range cooker and plenty of crockery. Ideal for family and children's parties.

The hall is a valuable, attractive asset to a popular, thriving village which also boasts of 2 shops, a pub, School and Church.

However,

We are looking for new committee members and ideas to enable the hall to continue to grow and thrive. You do not have to live in the village. If you think you can help you will be most welcome. Why not have a chat with the current chairman **Sally on 01507 343788**

Donington on Bain Village Hall

Will be holding their AGM

on Friday 5th April at 7pm

Come and join our Committee !

and enjoy a glass of wine and some nibbles





Sunday 2nd June

1pm to 5pm

**Tour the gardens - Plant Sale
Raffle - have tea & cake at the church**

Contact Caroline Taylor on 01507 343352 - carolinetaylor@btinternet.com



Parking at the church

South Willingham Parish and Village Hall Activities

MARCH

Tuesday 5th Pilates class 6 pm to 6.50 (Sharon 07787535412)

Wednesday 6th free coffee and chat 10:30 to noon

Wednesday 6th Art & crafts group 2 to 4 pm . (Cecilia 07799156118)

Wednesday 6th Ballroom Dance group 6.50 pm. (Paul 01507 313601)

Thursday 7th Tai Chi class 11 – noon (Carol 07592071523)

Friday 8th 1970s themed evening 7pm please bring a dish of 70's popular style food to share. 70's music + WILLINGHAM WINNER draw

To book: call Jan on 07834 598703 BEFORE Weds 6th March

Tuesday 12th Pilates class 6 pm to 6.50 (Sharon 07787535412)

Tuesday 12th Reel Issues Film evening 7pm for 7:15 start (Roland 07946 259053)

Thursday 14th Tai Chi class 11 – noon (Carol 07592071523)

Tuesday 19th Pilates class 6 pm to 6.50 (Sharon 07787535412)

Wednesday 20th free coffee and chat 10:30 to noon

Wednesday 20th Ballroom Dance group 6.50pm. (Paul 01507 313601)

Thursday 21st Tai Chi class 11 – noon (Carol 07592071523)

Thursday 21st BOARD GAMES 2 to 4 pm

Tuesday 26th Pilates class 6 pm to 6.50 (Sharon 07787535412)

Thursday 28th Tai Chi class 11 – noon (Carol 07592071523)

APRIL

Tuesday 2nd Pilates class 6 pm to 6.50 (Sharon 07787535412)

Wednesday 3rd free coffee and chat 10:30 to noon

Wednesday 3rd Art & crafts group 2 to 4 pm . (Cecilia 07799156118)

Wednesday 3rd Ballroom Dance group 6.50 pm. (Paul 01507 313601)

Thursday 4th Tai Chi class 11 – noon (Carol 07592071523)

Tuesday 9th Pilates class 6 pm to 6.50 (Sharon 07787535412)

Tuesday 9th Reel Issues Film evening 7pm for 7:15 start (Roland 07946 259053)

Thursday 11th Tai Chi class 11 – noon (Carol 07592071523)

Tuesday 16th Pilates class 6 pm to 6.50 (Sharon 07787535412)

Wednesday 17th free coffee and chat 10:30 to noon

Wednesday 17th Ballroom Dance group 6.50 pm. (Paul 01507 313601)

Thursday 18th Tai Chi class 11 – noon (Carol 07592071523)

Tuesday 23rd Pilates class 6 pm to 6.50 (Sharon 07787535412)

Thursday 25th Tai Chi class 11 – noon (Carol 07592071523)

ALUMINIUM CANS WANTED

I am collecting used aluminium cans towards raising funds to join a World Challenge in Mozambique 2025.

If you are able to help me by putting your used drinks cans in the black bin labelled 'cans' at the various collection points Silver Street, Benniworth next to Benniworth bus stop, outside Seymour House, next to the pub in Goucleby and TW Produce in Donington on Bain

It would be greatly appreciated!

They will be emptied frequently.

Many thanks, Polly



Pest Detective Ltd. Pest Control

All your Pest Control needs by your local family company

Tel Andy on
07707 727 770

andy@pest-detective.com

www.pest-detective.com





Victoria Road, Louth

MARCH	
FRIDAY 1 ST 8.00PM	LOUTH COMEDY NIGHT
WEDNESDAY 6TH – SATURDAY 9TH 7.30PM EXTRA PERFORMANCE ADDED SATURDAY 2.30PM	LOUTH PLAYGOERS SOCIETY AND THEN THERE WERE NONE
SATURDAY 16 TH 7.30PM	DANIEL KERMISH
SUNDAY 24 TH 10AM – 3PM	EASTER FAIR
APRIL	
SATURDAY 6 TH 7.30PM	MAD ABOUT MUSICALS
TUESDAY 9 TH 7.30PM	SEARCH FOR A STAR HEAT 2
THURSDAY 11 TH – SATURDAY 13 TH 7.30PM	PICCADILLY CIRCUS – 2023 SCRATCH NIGHT WINNER
WEDNESDAY 17 TH 7.30PM	WUTHERING HEIGHTS
FRIDAY 19 TH 7.30PM	LLOYD GRIFFITHS
SATURDAY 20 TH 7.30PM	QUEEN II
SATURDAY 27 TH 7.30PM	BON JOE V

Tickets are available online 24 hours a day, 7 days a week.

Tickets can also be purchased by calling the Box Office

Open Monday to Saturday 10am -1pm or visiting www.louthriverheadtheatre.com

Online booking for any performance closes one hour before curtain up.

On performance days the Box Office is open for 45 minutes prior to curtain up.

Asterby Parish Services and Events

Date	Location	Service	Time
3rd March	St Julian's Church, Benniworth	Communion	10.00am
5th March	St. Andrew's Church, Donington on Bain	Celtic Morning Prayer	9.30am
10th March	St. Helen's Church Burgh on Bain	Mothering Sunday	10am
17th March	St. Andrew's Church, Donington on Bain	Communion	10am
24th March	St Martin's Church, Scamblesby	Palm Sunday	10am
28th March	St. Mary's Church Horncastle	Maundy Thursday	7pm
29th March	Red Hill	Good Friday	9.30am
31st March	St. Andrew's Church, Donington on Bain	Easter Day Communion	11am

Events at a glance

Date	Location	Service	Time
7th March	Village Hall, Donington On Bain	Coffee, Cake and Chat	10.30am

*** Please note venues may change during the cold weather months *
Please look at the facebook page 'Asterby Group' for updates.**

Asterby Parish Services and Events

Date	Location	Service	Time
2nd April	St. Andrew's Church, Donington on Bain	Celtic Morning Praise	9.30am
7th April	St. Julian's Church, Benniworth	Morning Praise	10am
7th April	All Saints Church Goulceby	Evensong	6pm
14th April	St. Helen's Church Burgh on Bain	Communion	10am
21st April	St. Andrew's Church, Donington on Bain	Communion	10am
28th April	St. Martin's Church, Scamblesby	Morning Praise	10am
5th May	Grange Farm, Benniworth. Meet in farm yard, postcode LN8 6JS	Rogation Service	3pm

Events at a glance

Date	Location	Service	Time
4th April	Village Hall, Donington On Bain	Coffee, Cake and Chat	10.30am
2nd May	Village Hall, Donington On Bain	Coffee, Cake and Chat	10.30am

*** Please note venues may change during the cold weather months *
Please look at the Facebook page 'Asterby Group' for updates.**

Asterby and Goulceby Parish Council

<http://asterby-goulceby.parish.lincolnshire.gov.uk>



As there has not been a meeting of the Parish Council since the last newsletter there are no formal matters to report on.

The next meeting is scheduled for **Monday 4th March 2024 at 7:00pm**. This will be held at All Saints in Goulceby and all members of the Parish are welcome. As previously reported, there are still three vacancies on the Parish Council, and should anyone be interested in becoming a Parish Councillor they should contact the Parish Clerk, Diane De Halle, by emailing Diane at **agparishcouncil@gmail.com**

The current councillors are:

Jon Mold (Chair) - Sycamore Lodge, Goulceby

Ian Taylor - Lavoir, Goulceby,

Graham Johnson - Lindores, Goulceby

Contact details are on the Council's website which can be found at: **<https://asterby-goulceby.parish.lincolnshire.gov.uk>**

New notice board

The old and rather dilapidated Council notice board next to the community shelter in Goulceby has now been replaced with a new board which is located within the shelter. The board was 100% funded by a community grant from ELDC and our thanks again go to Cllr Daniel Simpson for helping facilitate this. Alongside the board is also a notice indicating the location of the village defibrillator.



Mobile library

The 'Access Mobile Library' is a free and friendly home delivery service operating throughout Lincolnshire. The County Council's team of professional library staff can deliver books, including Large Print, Talking Books & DVDs, every 4 weeks on a pre-arranged day to anyone in the county who struggles to reach their local library or mobile library facilities, due to mobility, age or ill health related issues. If you or someone you know would benefit from the service please get in touch with the service to discuss how best they can help get the items you want straight to your door. You can choose books based on your tastes, recommend new authors and even help provide access to online services. With a few clicks you can have the entire Lincolnshire library catalogue at your fingertips and choose your own items to be delivered - all for free. Every time the mobile service visits you can provide specific titles to be delivered next time, although there may be a short wait for more popular items, and they will collect or renew anything you received previously. GLL Better Libraries are a 'not for profit' social enterprise operating on behalf of Lincolnshire County Council. Please get in touch for more information.

North - Graham Owen Tel 07483 017085 / graham.owen@gll.org

South - Benjamin Tatton Tel 01522 782 010 / benjamin.tatton@gll.org

Metal Recycling

Martyn Hobson of 'Hyperion House' on Shop Lane is collecting anything metal for recycling and there is a convenient bin located at the end of his driveway. All monies raised go to chosen charities. This is in addition to the collection point mentioned in the last magazine for aluminium cans located outside Seymour House on the corner of Shoe Lane. This collection is to raise funds to join a World Challenge in Mozambique 2025.

Wolds Energy Group Just a reminder of the existence of the Wolds Energy Group which is an oil purchasing consortium established in 2008. It is operated by John Knight of Goulceby and has over its time negotiated deals for well over 4.5 million litres of domestic heating oil. Oil is ordered in bulk nine times a year. The consortium operates within an approximate ten mile radius of Goulceby and new members are always welcome. If anyone is interested in joining the group they should contact John on 01507 343833 or by email at jfk75@btinternet.com

Three Horseshoes

The pub has recently appointed a new chef and it will initially be open at weekends Friday, Saturday and Sunday, from midday until late.

Roger Lindley

For your small Plumbing Repairs
Taps, Toilets, Radiator Valves, etc

Also Painting and Decorating



T : 01507 343007
M : 07908 183 283

Cook & Son

Electrical Engineers & Contractors

Domestic, Commercial, Industrial & Agricultural

NICEIC Approved - Part P Registered
Trustmark Approved

Solar Panels - Battery Storage
Electric Vehicle Charging Points
Electric Gate Automation

01507 343144



SHOEBOX APPEAL

A big thank you to everyone who donated to the Christmas appeal.

I took all your donations to the Christian Centre in Grimsby & they dispatched 8,030 boxes to Jacob's Well who transported most of them to Bosnia & Ukraine with some going to local families in need.



In addition to the usual items, they are now collecting blankets, sheets, duvet covers, but not used duvets, & towels.

They donate some of these to local social services and women's refuges and some to Ukraine and Moldova.

If you have any donations, you can bring them to me, or I can collect them, or you can put them in the church at Donington on Bain or Goulceby.

Janet Croft Tel: 343753



St. Martin's Church Scamblesby

Nature Area in our churchyard

St. Martin's Church values its relationship with the Church of England Primary school and is pleased to let you know that the children from the school are being very proactive in developing ideas to establish a Wildlife & Nature Area in the churchyard. The idea was first proposed by Anne, a keen and knowledgeable wildlife enthusiast and one of our VCC members. We approached the school, who were delighted to be involved.

The children have visited the churchyard to assess the area and have received support from Anne and a representative of the Lincolnshire Wildlife Trust. They have elected a Nature Council and developed a plan to support and encourage more wildlife in the churchyard. This may include providing habitat shelter, including bug hotels and bird boxes.



Further updates to follow.

What's it all about?

That is a question I used to ask when I saw people going in and out of church buildings before I became a regular there myself 23 years ago. I grew up in a household that didn't attend church. I considered myself an atheist, and, as a scientist, was always looking for proof, for evidence. Who needed religion anyway? I had been to occasional church services over the years, and didn't understand what was going on, felt it was all a bit ritualistic and 'for them'.

Then, in 2000, I found myself at the back of my children's school hall, where a local church was meeting while their church building was being renovated. I wasn't attending the service, but looking for someone to speak to about some unrelated matter. Not immediately seeing who I needed to speak to, I stopped and listened. Someone was talking – a sermon. I listened. There was something about the location, my kids' school, that made me feel comfortable standing there. There was something about the manner of the person speaking, a sincerity and the painting of a picture of hope that I wasn't expecting.

The next week I did the same thing. And then I asked some friends of ours, who already attended, a bit about why they went to church. And then I went again the following week and listened again, scooting off quick before the end so I couldn't get 'dragged in'!

The rest, as they say, is history. Roll forward in years and this scientist is comfortable with the lack of certainty. With a thing called faith. I was a member of that church in Surrey for over 20 years until I moved to Lincolnshire; I've been baptised; I played in the church band; I walk into churches all over the world and discover wonderful things. And now I've 'landed' at St Helen's in Burgh-on-Bain and also at Eastgate Union church in Louth, this in itself is a topic for another day.

What have I learned?

The established church has had a lot of bad press, much of it deserved. However, because our media is the way it is, there is a massive amount of 'good press' that never gets written. There is a huge amount of good work, of love, of care for others whether believers or not, that goes on quietly behind the scenes in every parish, every city, town and village up and down the country. My own assumptions about church and religion, Christianity in particular, were challenged,

and found wanting. There was no pressure, no funny rituals, ok, there are a few, but they are not that scary and they have good reasons behind them, no brainwashing, no mandatory handing over of money.

Instead I found the world is filled with groups of friendly, community minded, people who share some beliefs, belief in something, someone, 'out there' who has his eye on things, who was closer to me than I knew, who sent someone to be with us and teach us a thing or two about how to treat each other, and to tell us of a promise, of an eternal relationship on offer.

I've found peaceful reflection and rousing optimism in equal measure.

I've found great music, old and new, and some terrible music, but you have to take the rough with the smooth.

I've learned that not everyone sees a blinding flash of light, or hears a booming voice from the sky. But that there is something much more subtle waiting for you when you are ready to reach out for it.

I've found that the coffee usually needs some work ?

What do I believe?

I believe in the same things about 2.4 billion other Christians in the world believe in. I believe that love trumps everything else. I believe that we are loved, warts and all. That there was a man called Jesus who walked on this earth and did things that changed the course of history.

I think you can belong before you believe. It is ok to be unsure, but still turn up.

So, whether you believe, don't believe, or don't know what to believe, maybe try out your local church? Try a few! Behind the doors you are almost certain to get a warm welcome, ok, not always a warm temperature, but we're all working on that, to find someone to answer any questions you have, or just to let you sit or stand quietly at the back, as I did all those years ago.

Someone to give you a cup of tea and a biscuit and a friendly ear to listen.

Want to know a bit more? Come and see.

No obligation. No entrance exam or fee. You might be surprised.

Neil Walker, Burgh-on-Bain

Lincolnshire Pain Clinic

Camille Bennett BSc (Hons) MBAcc MAA

Extensive range of physical therapies, Specialising in pain management.
Acupuncture, Tui-na - Deep Tissue Massage, Hopi ear Candling,
Cupping, Hot Stone Massage, Detox and Cellulite Reduction, Massage & more.
Home visits or clinic-based appointments.



Lincolnshire pain clinic

www.lincolnshirepainclinic.co.uk Tel : **07742 290845**

Also Visit www.lincolnshireequinechiro.co.uk

for **McTimoney animal chiropractic, massage and manipulation**
for your four legged friends



Lincolnshire equine chiro

EASYLIFE PONDS

Est
2002

— SPECIALIST SERVICE —

- Pond & Filter Cleaning
- Maintenance
- Pond Building
- Re-lining



07970 214327

Good Life Meats

Pedigree Rare Breed Oxford and Sandy Black Pork

Slow Grown Lamb and Hogget



Free Range, slow grown for extra flavour.

Oxford Sandy and Black is one of the oldest pig breeds native to Britain. The breed has twice neared extinction but is slowly recovering. Full traceability direct from the farmer with low food miles. Purchase in boxes or individual cuts either fresh or frozen.

Lamb and Hogget - Butchered to order Half £90 / Whole £170	
<p>Pork Box 1 - £42.50 Our smallest Box. Perfect for those with limited freezer space.</p> <p>1 Kg Leg or Shoulder Joint 4 Chops or Leg Steaks 2.5 Kg of Sausages or Burgers</p>	<p>Pork Box 2 - £75 A medium box with a good selection of joints.</p> <p>1.5Kg Leg Joint 1.5 Kg Shoulder Joint 1 Kg Belly Joint 4 Chops or Leg Steaks 2.5 Kg of Sausages or Burgers</p>
<p>Sausages - £4.95 per 500g pack or 5 packs for £22.50 - variety of flavours</p> <p>Burgers - £4.95 per pack of 4 or 5 packs for £22.50 99% pure Pork Burgers seasoned with a hint of Oregano.</p>	<p style="text-align: center;">Bacon</p> <p style="text-align: center;">£4.00 for a 200g pack 3 packs for £11</p>
Leg, Shoulder, Belly and Loin Joints all available on or off the bone just ask.	

We are a smallholding based in Scamblesby with fresh produce regularly available throughout the year. For more information or orders, please contact:

Russ: 07968 769251 Liz: 07534 248148

Good.life.meats@gmail.com

Follow us on Facebook "The Gleeson's Good Life"

Phil Bennett

Established 1977 - C & P Heating

-  **Oil Service Engineer**
-  **Central Heating Repairs**
-  **New Boiler Installations**
-  **Aga, Rayburn and Stanley Cookers serviced**

01507 343551 or mobile 07889 685003

Cawkwell House, Cawkwell LN11 9SG



Mobile Library Service



**click &
collect
service**



Donington on Bain, Post Office : Arrives 10.00am - departs 10.30am

Benniworth, Tennyson Close : Arrives 10.45am - departs 11.15pm

please note NOW Thursdays

Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
28th	25th	23rd	20th	18th	15th	12th	10th	7th	5th

For enquiries or renewals contact the customer service centre on 01522 782010



BLACK HORSE INN
DONINGTON ON BAIN

**Accommodation available with eight
en-suite, comfortably furnished rooms**

**Guest Ales, wines and high quality meals
using the very best of local seasonal produce.**

Book NOW for
Mother's Day Lunch
Sunday 10th March

Tel : 01507 343640

www.blackhorse-donington.co.uk

**Quiz Night
Last Sunday
of every
month**

**Monday - Closed - open for residents only - Tuesday - Closed - open for residents only
Wednesday - 11.30 to 2pm, 4.30pm to finish - Thursday - 11.30am to 2pm, 4.30pm to finish
Friday - 11.30am to 2pm, 4.30pm to finish - Saturday - 11.30am to 2pm, 4.30pm to finish
Sunday - 11.30am to 4.30pm - Closed in the evening, open for residents only* except quiz night**



 thevikingsretreat
 @thevikingsretreat

Boutique Short Stay Holiday Accommodation



07713 175453 

vikingsretreat@gmail.com 

vikingsretreat.co.uk

at Donington on Bain, LN11 9TW



Bounce into Spring

MJ

services
LINCS LIMITED



Local Plumbing & Heating Specialists
01754 611930 / 01507 435790

www.mjserviceslincs.co.uk

info@mjserviceslincs.co.uk

ALL Plumbing Works

from fitting your new tap to full installations

-  Servicing, Gas and Oil Boilers
-  Installation, Gas and Oil Boilers
-  Installation of Oil Storage Tanks
-  Repairs and Maintenance, Gas and Oil Boilers
-  Powerflushing
-  Air Source Heat Pumps
-  Hot Water Cylinders



CALL
TODAY
FOR A
FREE
QUOTE

NO JOB TOO BIG OR TOO SMALL!



IN ASSOCIATION WITH

GM Electrical